



Addictions

There are many ways an individual can develop an addiction to narcotics whether it be alcohol, prescription medication, or illicit drugs such as Heroin or Cocaine.

- **Curiosity or Peer Pressure**

This group primarily targets teenagers that succumb to curiosity or peer pressure and the daily pressures of life whether from school and/or relationship issues, depression, or Domestic problems in the home, etc.

- **Prior or existing Medical conditions**

Those who have suffered a serious injury which may have resulted in an addiction to a Physician prescribed opiate based medication to deal with pain. Some of these medications are very potent and can be very addictive if not used properly.

In many cases those who have become dependent on such pain medications will turn to other prescription medications or illegal narcotics obtained illicitly.

Telltale signs of possible addiction

- **Personal Hygiene or Appearance/Change in Habits**— those who generally are observed to display impeccable personal hygiene will start to show indications that they care less about how they look to others. You may notice significant unexplained weight loss. You may find individuals associating with a different group of people, keeping odd hours, and sleeping late. People with addictions can appear lethargic or hyper depending on what type of drug they are taking or when they last used.
- **Personal effects missing**—personal property such as jewelry, clothing, personal electronics, and other items of value go missing. These once prized possessions are either sold, pawned, or traded in order to purchase illicit narcotics.
- **Items missing within the home**—it is very common that family members with addiction problems will steal from family members and those close to them. If you are noticing items missing i.e. jewelry, money, electronics, MEDICATIONS, or other keepsakes or items of value under mysterious circumstances this should alert you to a problem.

Agencies and Resources

Beth Israel Deaconess Plymouth Integrated Care Initiative 508-746-8590 ext. 5216

Family Continuity, Plymouth MA 508-747-6762

Northeast Counseling, Plymouth MA 508-830-1444

South Bay Mental Health, Plymouth MA 508-830-0000

Support for family members dealing with addiction

Alanon 508-366-0556

Learn to Cope www.learn2cope.org 508-738-5148

The Herren Project www.theherrenproject.org

Grief Recovery after Substance Passing (GRASP) 508-742-4405

Detox Hotline 800-327-5050

Adolescents

Youth Central Intake Care Coordination (CICC) www.healthrecovery.org 671-661-3991 ext. 116

Clean and Sober Teens Living Empowered (Castle) 508-436-2001

Motivating Youth Recovery (MYR), Worcester MA 508-560-1224

Adults

Norcap Lodge, Foxboro MA 508-543-1873

Veterans Affairs Medical Center, Brockton MA www.va.gov 508-583-4500 ext. 1482

High Point, Plymouth MA 508-224-7701

Long Term Treatment

The Plymouth House, Plymouth, NH 800-428-8459

Anchor House, Plymouth, MA 508-285-2701

North Cottage Program, Norton, MA 508-285-2701

Gosnold-Miller House (Men Only) Falmouth, MA 508-540-5052

Steppingstone Men's House, Fall River, MA 508-674-2788

Gosnold-Emerson Detoxification Program (Women Only) Falmouth, MA 800-444-1554